



# SYNERGISTIC SYSTEMS

A DIVISION OF PITSCO, INC.

# PARENT BRIEFING

## Module

# Baking & Measurement

- Evaluate the nutritional value of selected module recipes for a meal prepared for five people.
- Apply appropriate measuring techniques throughout the preparation of various recipes.
- Prepare various recipes by following instructions.
- Use a computer software program to access, print, and utilize a recipe to complete a baking activity.

## Session Focus

**1** Measuring Ingredients

**2** Pigs In A Blanket

**3** Cookie Comparison

**4** Preparing Sugar Cookies

**5** Baking Sugar Cookies

**6** Meal Planning

**7** Oatmeal Cookies

### Dear Parent,

As parents and teachers, we realize it can be hard to get a child to discuss what he or she is learning in school. We hope the information provided on this page will assist you in communicating with your child about what he or she is learning.

For the next few days, your child will be learning about food preparation including measuring, mixing, cooking, and serving the food by completing the Baking & Measurement Module. As your child's best teacher, your participation in the learning process is extremely important.

### Words students will learn in this Module include:

- dietitian
- dinnerware
- enriched
- flatware
- gratuity
- hollowware
- pasteurization
- reservation
- scorching
- simmer

### Questions for discussion

During the course of this Module, your child will be assessed on key concepts and activities. You might want to discuss these concepts with your child.

### He or she will be asked to:

- Explain why dry ingredients should not be measured in a liquid measuring cup. (*Dry ingredients should be leveled when measured.*)
- Explain why powdered sugar is placed on waxed paper and rolling pin before the dough is rolled. (*Using powdered sugar prevents the dough from sticking to the paper and rolling pin.*)
- Successfully measured different ingredients. (*If possible, have your child demonstrate how to measure 1/3 cup brown sugar which should be packed, 3/4 cup flour, 1/2 tsp salt, 3/4 cup water, 1 cup oatmeal.*)



Instructor: \_\_\_\_\_