

Great for an Individual

Benefits

Intense Training on the Essentials

- Techniques (passing, receiving, dribbling, shooting etc.)
- group tactics (attacking/defending decision-making)
- team focused sessions (team tactics, match play)

Getting "The Edge" on Competition

- unique fitness training sessions
- information and discussion on nutrition

Great for a Team

Benefits

Top Level Training and Evaluation

- pre-camp consultation with Camp Director
- assigned a senior staff coach for training
- input and ideas from a trainer other than your own
- detailed evaluations for individual players
- team analysis given to coach/team manager

Developing Team Chemistry

- trained together (exclusively if 10 or more players)
- team building exercises during the week

Daily Schedule

Players check in Monday morning and attend an orientation meeting. They are assigned a coach and begin training. During the week, campers attend morning and afternoon training sessions with lunch in between. The camp closes with some competitions, staff v campers match and an awards ceremony on Friday afternoon.

9:00am	Drop-Off
9:00am - 10:30am	Technical Skills Training
10:30am - 12:00pm	Small-Sided Games
12:00pm - 1:00pm	Lunch Break
1:00pm - 2:30pm	Individual & Group Tactics
2:30pm - 4:00pm	Team Tactics & Match Play
4:00pm	Pick-Up



Return Service Requested

Athletics
BENEDICTINE UNIVERSITY

5700 College Road
Lisle, IL 60532
Phone (630) 829-6165
E-mail rkettle@ben.edu



Eagles

Soccer

Benedictine University
Lisle, IL

B

Summer Soccer Camp

August 1 - 5, 2011

9am - 4pm

(Lunch Included)

Boys and Girls

8 - 15 Years Old

Camp Features

- 5 Days of Expert Instruction
- Camp T-Shirt
- Certificate & Evaluation
- 10:1 Player-Coach Ratio
- Competitions & Prizes
- FUN !

Camp Directors



Robyn Serge

- Benedictine University - Head Women's Coach
- Former Head Coach, Rockford and Beloit Colleges
- NSCAA National Coaching Diploma

Rob Kettle

- Benedictine University - Head Men's Coach
- Former Head Coach, California University
- US Soccer "A" Coaching License

Camp Staff

Camp coaches are handpicked and closely supervised by the directors. Some staff members will be selected from the men's and women's varsity squads at Benedictine University.

Philosophy

We are dedicated to the education & development of soccer players. Our program is designed to meet the needs and also challenge every camper. Small sided games are used to teach campers to make correct decisions & perform under pressure.

Who Can Attend

Camps are open to boys and girls, ages **8 - 15**. All levels of experience are welcome. Players are grouped by age and ability.

Injury/Illness Policy

An athletic trainer will be on duty to administer to minor problems and injuries. For more serious issues, hospital facilities are close by. **However, all players must have their own medical insurance coverage.** No registration fees can be refunded unless a physician's note is produced.

Camp Information

Camp Fee is \$280

Enrollment is limited to ensure small group instruction. **Book now** to guarantee your place at camp.

Discounts

(Only one discount applies)

\$20 per player for members of the same family
 \$20 per player for previous BenU campers
 \$40 per player for the children of BenU employees
 \$40 per player for eight or more members of the same team (team registrations **should** be mailed together in one envelope.)

Registration Deadline: One week prior to start of camp. Sign up by mailing the registration form plus deposit to our office. Each camper will receive an email confirming enrollment.

All remaining balances are due before July 25, 2011.

Camp Dates

August 1 - 5, 2011

Monday - Friday, 9:00am - 4:00pm
 Daily Lunch is included (University Cafeteria)

Location

Camp will be held at the Village of Lisle-Benedictine University Sports Complex.

What To Bring

- Shorts, T-Shirt, Warm-Up
- Soccer Shoes (outdoor and indoor)
- Soccer Ball (w/ Name & Phone #)
- Shin-guards, Water Bottle, Bag



For Further Information
Call: (630) 829-6165 or
Email: rkettle@ben.edu

Camp Registration Form

Player's Name _____

Age (as of 9/1/2011) _____ Birth Date _____

Team/Club _____ Sex _____

T-shirt Size: Y-M Y-L A-S A-M A-L

Parent/Guardian _____

Address _____

City _____ State _____ Zip _____

Phone No. (Home) _____

Phone No. (Cell) _____

Email _____

Check No. _____ Amount Enclosed _____

(Please make check payable to **Eagles Soccer** / Rob Kettle)

Medical Insurance Co _____

Policy Holder _____

Policy Number _____

Emergency Name _____

Emergency Phone _____

Allergies _____

Medications _____

I, the undersigned parent or guardian, release Benedictine University plus the camp directors and staff, from all liability for any injuries or losses incurred while at camp.

I, the undersigned parent or guardian authorize the athletic trainer and/or coaches to secure medical treatment in the event that I cannot be contacted. I further authorize any attending physician to render any and all medical care which he or she may deem necessary. It is understood that, in any event, an attempt will be made to contact the parent or guardian before treatment is started.

I, the undersigned parent or guardian, also certify that my child is physically fit to attend the Soccer Camp and participate in all activities.

Signature _____ Date _____

Eagles Soccer
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 Lisle, IL 60532
 Phone (630) 829-6165
 E-mail: rkettle@ben.edu
 Web Site: BenUEagles.com

Official Use Only

Date

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Balance

Discount

