

“I” Messages

I FEEL _____

WHEN YOU _____

BECAUSE _____

COULD YOU PLEASE _____



Use an “I” Message when you are sad, hurt, upset, angry, frustrated, and need to work things out with someone.



I-Message: Girl receiving the text
Responder: Person that sent the text
Helper

“Skinny-bones!
Skinny-bones!
Ha ha!”



I Message: Boy being called names (light blue)

Responder: Boy pointing in black

Helper



I message: Girl

Responder: One of the boys whispering and laughing (you choose)

Helper



Zack, when I left the class Jessica said that you were out of your seat.

She thinks I was out of my seat, but I wasn't. Jessica is telling on me.

I-Message: Student in blue shirt

Responder: Teacher

Helper

What would you do if you were the boy in the gray and yellow?



I Message: Blond Girl

Responder: The Girls in the background

Helper

I asked Mary to play with me and she said yes. Now she is playing with someone else.



I-Message: Boy in button down
Responder: Boy cheating
Helper



I-Message: The girl
Responder: Boy
Helper

