



**SYNERGISTIC  
SYSTEMS**

A DIVISION OF PITSCO, INC.

# PARENT BRIEFING

## Module

## Life Skills

- Research and present the effects of peer pressure.
- Use the computer and resource material for specified time segments during the term of the module.
- Use the computer and other resource materials to research and present information on how different types of relationships can be strengthened.

## Session Focus

**1** Personality Profile

**2** Issues Facing Teens

**3** Stress

**4** Self-esteem

**5** Peer Pressure

**6** Relationships

**7** Assembling Your Presentation

### Dear Parent,

As parents and teachers, we realize it can be hard to get a child to discuss what he or she is learning in school. We hope the information provided on this page will assist you in communicating with your child about what he or she is learning.

For the next few days, your child will be learning about primary issues facing today's teens through personal assessment while completing the Life Skills module. As your child's best teacher, your participation in the learning process is extremely important.

### Words students will learn in this module include:

- attitude
- depression
- peer pressure
- personality
- responsible
- role
- self-concept
- stress
- values
- self-esteem

### Questions for discussion

During the course of this module, your child will be assessed on key concepts and activities. You might want to discuss these concepts with your child.

He or she will be asked to:

- Give two examples of a person's temperament. (*Answers vary but might include neatness, tardiness, promptness, messiness. Temperament is a set of personality traits consistent in a person's behavior.*)
- Identify different issues facing teens today. (*Answers vary but might include change in body, added responsibilities, peer pressure, relationships with family/friends.*)
- Explain ways to deal with teen problems. (*Have your child list the issues included in his/her presentation and describe a way to deal with each issue.*)



Instructor: \_\_\_\_\_