

# Lisle Senior High School

September 2021

30

Chicken Nuggets  
Dinner Roll  
or  
Turkey Ham & Cheddar  
Sandwich  
or  
Pizza

Tater Tots  
Baby Carrots  
100% Fruit Juice

31

Hot Dog  
or  
Ranch Chicken Wrap  
or  
Pizza

Green Beans  
Fresh Broccoli  
Diced Peaches

1

French Toast Sticks  
W/ Syrup  
String Cheese  
or  
Sunbutter & Jelly Sandwich  
or  
Pizza

Corn  
Baby Carrots  
Fresh Apple

2

Cheeseburger  
or  
Sunbutter & Jelly Sandwich  
or  
Pizza

Tater Tots  
Romaine Salad  
100% Fruit Juice

3

Italian Mozzarella Melt  
or  
Turkey & Cheese Sandwich  
or  
Pizza

Corn  
Celery Sticks  
Applesauce

6

**Labor Day**  
**No School**

7

Hamburger  
or  
Sunbutter & Jelly Sandwich  
or  
Pizza

Baked Beans  
Baby Carrots  
Applesauce

8

Chicken Nuggets  
Soft Pretzel  
or  
Ranch Chicken Wrap  
or  
Pizza

Corn  
Baby Carrots  
100% Fruit Juice

9

Pancakes W/Syrup  
or  
Chicken Ham & Cheese  
Sandwich  
or  
Pizza

Tater Tots  
Romaine Salad  
100% Fruit Juice

10

Corn Dog  
or  
Chicken Ham & Cheese  
Sandwich  
or  
Pizza

Corn  
Celery Sticks  
Fresh Orange

13

Chicken Patty Sandwich  
or  
Turkey Ham & Cheddar  
Sandwich  
or  
Pizza

Tater Tots  
Baby Carrots  
100% Fruit Juice

14

Soft Shell Taco  
or  
Ranch Chicken Wrap  
or  
Pizza

Baked Beans  
Baby Carrots  
Applesauce

15

Hot Dog  
or  
Sunbutter & Jelly Sandwich  
or  
Pizza

Fresh Broccoli  
Corn  
Diced Peaches

16

Popcorn Chicken  
W/Dinner Roll  
or  
Turkey & Cheese Sandwich  
or  
Pizza

Tater Tots  
Romaine Salad  
100% Fruit Juice

17

**Early Dismissal**  
**No Lunch**

20

Pizza Sticks  
or  
Turkey Ham & Cheddar  
Sandwich  
or  
Pizza

Tater Tots  
Baby Carrots  
100% Fruit Juice

21

Chicken Patty Sandwich  
or  
Sunbutter & Jelly Sandwich  
or  
Pizza

Green Beans  
Fresh Broccoli  
Diced Peaches

22

Chicken Nuggets  
Soft Pretzel  
or  
Ranch Chicken Wrap  
or  
Pizza

Corn  
Baby Carrots  
Fresh Apple

23

Cheeseburger  
or  
Sunbutter & Jelly Sandwich  
or  
Pizza

Tater Tots  
Romaine Salad  
100% Fruit Juice

24

Mac & Cheese  
or  
Turkey & Cheese Sandwich  
or  
Pizza

Corn  
Celery Sticks  
Applesauce

27

Chicken Nuggets  
Dinner Roll  
or  
Turkey Ham & Cheddar  
Sandwich  
or  
Pizza

Tater Tots  
Baby Carrots  
100% Fruit Juice

28

Hot Dog  
or  
Ranch Chicken Wrap  
or  
Pizza

Green Beans  
Fresh Broccoli  
Diced Peaches

29

French Toast Sticks  
W/ Syrup  
String Cheese  
or  
Sunbutter & Jelly Sandwich  
or  
Pizza

Corn  
Baby Carrots  
Fresh Apple

30

Cheeseburger  
or  
Sunbutter & Jelly Sandwich  
or  
Pizza

Tater Tots  
Romaine Salad  
100% Fruit Juice

10/1

Italian Mozzarella Melt  
or  
Turkey & Cheese Sandwich  
or  
Pizza

Corn  
Celery Sticks  
Applesauce

**Student Lunch Free to all students**

Milk Offered Daily as part of lunch

**All menus meet or exceed current USDA or state-specific  
Dietary Guidelines for the Healthy, Hunger-Free Kids Act.**

Items listed with a **RED\*** may contain Pork

All of our grain products are whole-grain rich

\*Menus are subject to change without notice\*